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# **SWEET HOME**

## **PANTHERS**

**2021-22 Winter  
Sports Season**

WE ARE



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# Athletic Overview

- Introduction
  - Athletic Programs
  - Goals for SH Athletes
  - Support for SH Athletes
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# Sweet Home Athletics

## Winter Sports

HS Winter Sports begin on 11/15/21:

- JV and Varsity Cheer, JV and Varsity Boys and Girls Basketball, Varsity Boys and Girls Bowling, Varsity Boys Swim, Varsity Boys and Girls Ice Hockey, Varsity Boys and Girls Indoor Track, Varsity Wrestling and Unified Bowling (this will not begin to mid January)

MS Winter Sports begin on 11/22/21:

- Boys and Girls Basketball, Boys and Girls Swim, Wrestling
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# Sweet Home Athletics

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## Campus After School Overview

### High School

- The high school dismissal will begin for students at 2:06 p.m.
  - Students who have practice or an event beginning no later than **4:00 p.m.** may remain on campus until their sport begins.
  - If the students' practice or event begins later than 4:00 p.m. students must take transportation home at dismissal, and return to campus for their sport.
  - Students must remain in the cafeteria until their sport begins.
  - Locker rooms will be available for changing purposes only. Athletes must wait for their coach to arrive to use the locker rooms.
  - Teams will not use lockers rooms for team meetings.
  - We will have support teachers available in room 501 to provide school work assistance from 2:15-3:15 pm each school day.
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# Sweet Home Athletics

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## Campus After School Overview

### Middle School

- The middle school dismissal will begin for students at 3:45 p.m.
  - Locker rooms will be available for changing purposes only.
  - The after school monitor/coaches will allow teams to change before practice/game 1-2 teams at a time based on daily schedule.
  - Teams will not use locker rooms for team meetings.
  - If your event does not begin until after 5:15 p.m., students will need to go home and return back to school for their event.
  - We will have support teachers available two days a week for study table for athletes after each of the 5 week check points. More information will be sent to coaches and athletes closer to that time.
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# Sweet Home Athletics

## Requirements for Student Athletes

- Communicate all health and fitness-related concerns with coaches and athletic trainers immediately.
  - Athletes should arrive prepared to go and avoid congregating before the workout.
  - Student athletes will report directly to practice location each day, and arrive no earlier than 15 minutes prior to the start of practice and leave immediately following the team event.
  - All athletes should launder individual equipment and clothing after every use.
  - Each athlete must have their own personal water bottle.
  - **NYS Guideline requires masks to be worn at all times even during athletics.**
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# Sweet Home Athletics

## Masking Update for Athletes, Coaches and Spectators

- Masks are not required at outdoor events.
  - At this time, there is no limit to spectators at events. When possible, spectators are recommended to maintain social distancing.
  - Masks are required when entering the building, in common spaces such as bathrooms, locker rooms, etc - When participating in your sport, **masks are required indoors.**
  - Masks are required when on school transportation. Seating charts will be utilized as well.
    - Guardians may provide their own transportation for their student by providing written documentation to their coach beforehand.
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# Sweet Home Athletics

## What happens if there is a case of COVID-19 on a team?

- Families will be notified of a positive case on the team.
  - The Athletic Director will work with Erie County to identify any close contacts on the team.
  - Currently, Section VI and Sweet Home are following NYS COVID Guidelines which does not include pausing team activities. That was an Erie County policy which is no longer in place. Teams will continue on with their regular schedule.
  - Parents are asked to closely monitor their child for symptoms of COVID-19.
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# Athletic Programs

- Varsity Level
    - Varsity competition is the highest level of competition. Our goal is to be as competitive as possible.
  - JV Level
    - The junior varsity level is intended for those who display the potential of continued development into productive varsity level performers.
  - Modified Level
    - This program is available to all students in the seventh and eighth grades. At this level, the focus is on continued learning of various skills and game rules, and an expansion on the fundamentals of team play.
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# Goals for Sweet Home Student Athletes

- Build a sense of fair play and sportsmanship.
  - Improve and grow as an athlete and as a person.
  - Develop skills in the areas of leadership, self-discipline and citizenship.
  - Promote a sense of responsibility as an ambassador of our school district.
  - To support students to find success on the fields and in the classroom.
  - Promote healthy and active lifestyle.
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# How to become a Sweet Home Student Athlete

- 1 Receive Health Clearance from Health Office.
- 2 Tryout for a team. Show effort, skill, and sportsmanship.
- 3 Maintain Academic Eligibility.
- 4 Follow team and department rules - Be a role model to fellow students.



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# How to stay a SH Athlete

1. Attendance Requirement
  2. Credit Requirement
  3. Grade Requirement
  4. Follow all policies in SH Athletic Handbook.
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## Attendance Requirement

A student must attend school in order to participate at practice or athletic events after school or in the evenings.

- Students who are late or leave early must arrive and attend at least 50% of their scheduled classes.
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# Credit Requirement

Cohort Year:	Minimum Credits:
Cohort Year 1 (Freshman):	0 Credits
Cohort Year 2 (Sophomore):	4.75 Credits
Cohort Year 3 (Junior):	10 Credits
Cohort Year 4 (Senior):	16 Credits

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## Grade Requirement

Students are deemed ineligible if they are failing two or more courses at the academic check points.

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# Academic Eligibility Dates for SH Athletics 2021-22

*All dates are subject to change in coordination with Sweet Home High School Calendar.*

Pre-Check for Athletes	Date	Final Check for Eligibility	Date
5 week	10/4/21	5 week	10/12/21
10 week	11/8/21	10 week	11/17/21
15 week	12/10/21	15 week	12/20/21
20 week	1/25/22	20 week	2/2/22
25 week	3/4/22	25 week	3/14/22
30 week	3/28/22	30 week	4/6/22
35 week	5/9/22	35 week	5/16/22
40 week	6/7/22	40 week	6/17/22

Pre-check or warning check for Athletes, is a list that is generated to help students know where they stand before the final check the following week. If a student is on this list, they will be required to attend student table but will be able to participate in contests and practices.

Final check for eligibility, is a list that is generated to determine if students are eligible for athletics. If a student is on this list, they will be required to attend student table and will not be able to participate in contests. The students may attend practices, only if they have attended study table that day.

# Follow all policies in SH Athletic Handbook

## Quick Guide



### Parent/Guardian, Student, and Coach Athletic Handbook and Code of Conduct Quick Reference Guide for Students

*Please check the box to acknowledge that you understand the below listed statements.*

#### **Behavior**

- A student must attend school in order to participate at practice or athletic events after school or in the evenings. Students who are late must arrive in time to attend at least 50% of their scheduled classes.
- Any athlete who is found stealing, or in possession of or using drugs, alcohol or tobacco will be subject to additional consequences outlined in the Student Athletic Handbook.
- Any athlete suspended (including ISS and OSS) from school (in or out of school) may not practice or compete that day.
- Any athlete in possession of any school property from a school athletic team will be suspended from participation in another athletic activity until all equipment or uniforms have been returned or paid for.
- The conduct of all athletes on and off the field is expected to be sportsmanlike. Such actions as fighting, taunting, vulgar language, harassment or any hazing type behavior and a disrespectful attitude are not acceptable at any time.

#### **Academics**

- The Athletic Department will identify any student athlete failing two or more courses at the 5th and 10th week points of each marking period. Any student on these lists will be deemed ineligible for that week and will be ineligible and on academic probation until we re-check eligibility status. We will re-check grades each Friday.
- Ineligible means you cannot participate in games or contests. The period of ineligibility will continue until the student is deemed eligible at the next checkpoint. Ineligible students must attend the study table during the period of ineligibility. If students do not attend the study table, they are not allowed to practice that day.
- Credit eligibility is to determine if a particular student has earned the minimum number of course credits prior to the beginning of a cohort year. Required credits are below.

Student initial here to signifying reading this page :

Cohort Year

Minimum Credits

# Support for SH Athletics

- **Role of Parents, Guardians, and Fans**
- **Role of Coaches**
- **Role of Athletic Director**

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## Role of Parents, Guardians, and Fans

- Be a positive role model through their own actions.
  - Be a “team” fan, not a “my kid only” fan.
  - Show respect for opposing players, coaches, spectators and support groups.
  - Be respectful of all officials’ decisions.
  - Gain an understanding and appreciation for the rules of the contest.
  - Remember that a school athletic event is a privilege to observe and attend.
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**SPORTSMANSHIP IS  
AN EXPECTATION**

**LET THE PLAYERS PLAY**

**LET THE COACHES COACH**

**LET THE OFFICIALS OFFICIATE**

**FANS SHOULD BE LOUD,  
BE PROUD AND BE POSITIVE**

**WHEN EVERYONE KNOWS THEIR  
ROLE, STUDENTS BENEFIT!**

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# Communication with the Athletic Department

1 Player speaks directly with their coach.

2 Parent or guardian speaks directly with their coach.

3 Parent or guardian and player can make appointment with Athletic Director.



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# Key points to successful communication

Allow for a 24-cooling off period.

Keep the discussion focused on your athlete and positive.

Work towards a resolution with your coach.

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## Role of Coaches

- Exemplify the highest moral character as a role model for young people.
  - Strive to develop the qualities of leadership, initiative, sportsmanship, teamwork, and good judgement in each team member.
  - Respect the integrity and judgement of game officials.
  - Teach and abide by the rules of the game in letter and in spirit.
  - Strive for excellence in coaching skills and techniques through professional improvement.
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# Things to expect from your coach

- 1 Clear communication about schedule and expectations.
- 2 Holding athletes to a high standard both in sport and in character.
- 3 Remains fair and consistent in decision making - always putting the team first.



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## Role of Athletic Director

- Strives to develop and maintain a comprehensive athletic program which seeks the highest development of all participants and respects the individual dignity of every athlete or coach.
  - Considers the well-being of the entire student body as fundamental in all decisions and actions.
  - Commits to model and encourage high standards of ethics, sportsmanship, and personal conduct.
  - Be a consistent supporter for athletes and coaches.
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# Paperwork Needed for Athletic Participation

Turn into Health Office

- Valid Physical on file with the Health Office

Turn into your coach

- Head Injury Sign Off Form
- Parent Consent Form
- Athletic Handbook Sign Off Form
- COVID-19 Waiver/Release Form

*All forms may be completed electronically, and emailed to your coach.*

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# Information on SH Athletics

- To access our Athletic Team Schedules and Information visit the Sweet Home CSD Website.
- Athletic Participation Forms
  - <https://sweethomeschools.org/District/Department/2-Athletics/4256-Untitled.html>

## New Sweet Home Athletics Website:

- <https://www.sweethomeschools.org/athletics>
- Coach contact information, schedules, forms, and other information.

## Tryout Information:

<https://www.sweethomeschools.org/Page/1445>

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# Sweet Home Athletics

## Live Streaming Information - HS Sports

All games and events on our SH Turf and in our Main Gym can be viewed on the NFHS Network.

- Join the NFHS Network for full access to:
  - <https://www.nfhsnetwork.com/schools/sweet-home-senior-high-school-buffalo-ny>
  - All Sweet Home Athletics live and on-demand sports broadcasts
  - All other sporting events from around the Nation
  - Friends and family members who can't make the game will never miss a play again!
  - Free for all viewers, you just need to create an account.
  - Covers all events on SH Turf and in HS Main Gym.
- For all AWAY games, if opponent shares live stream information with us, the Athletic Department will share the link with the respective teams.