

In Recognition of Mental Health Awareness Month, The Sweet Home Family Support Center and SHEF invite you to the:

Sweet Home Health and Wellness Fair

May 20th 10:00am-1:00pm

Vendors and Activities to include:

- Child ID's and visit a patrol car from the Amherst Police Department
- Car Seat Checks with the Erie County Sheriff's Department
- Face Painting from the Amherst YES Program
- Arts and Crafts with the Amherst Senior Services
- Hands Only CPR with Erie 1 BOCES
- NYS Marketplace Insurance sign up with Highmark
- Medicaid Recertification with Fidelis
- Healthy Snacks with General Mills
- Meet a Calf from the Dairy Council
- Narcan Training with the Erie County Health Department
- Fun Drills with the High School Boys Varsity Basketball Team
- Yoga with Mindful Healing Connections
- Resources on Mental Health and Support for Families from
 - BestSelf Behavioral Health
 - Child Advocacy Center
 - Horizon Health Services
 - Mental Health Advocates of WNY
 - Gateway Longview Behavioral Health
 - New Directions
 - Parent Network of WNY
 - The Prevention Council of WNY
- American Foundation for Suicide Prevention
- People, Inc



Located at Sweet Home High School Main Gym